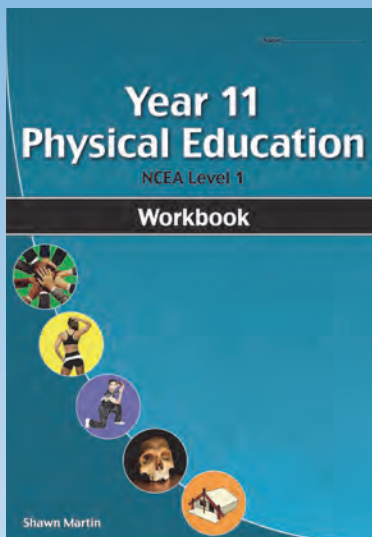


2016 PhysEd & Health Catalogue

Workbooks with *engaging and relevant* content!

Years 11, 12 & 13 PhysEd



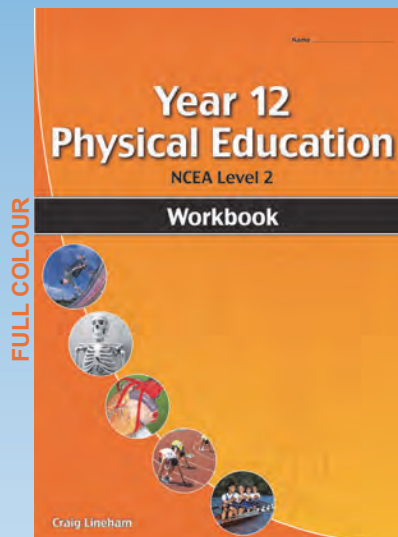
Student Workbook \$21 (296 pages)
Teacher's Guide \$35

This workbook addresses all of the 2011 Level 1 Physical Education Achievement Standards.

- Activities are student centred and allow students to reflect on how physical activity impacts on their world.
- Assessment sections allow for student co-construction of success criteria.
- Templates developed to allow student reflection of physical activity in a wide range of contexts.

Topics covered:

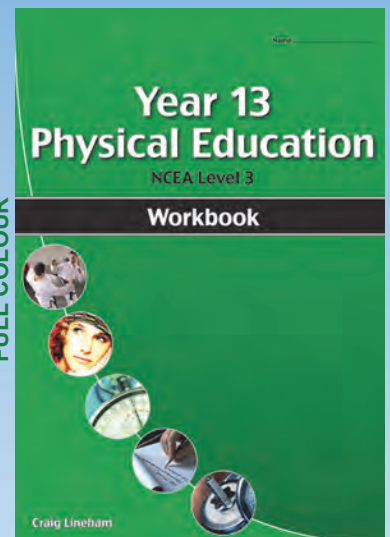
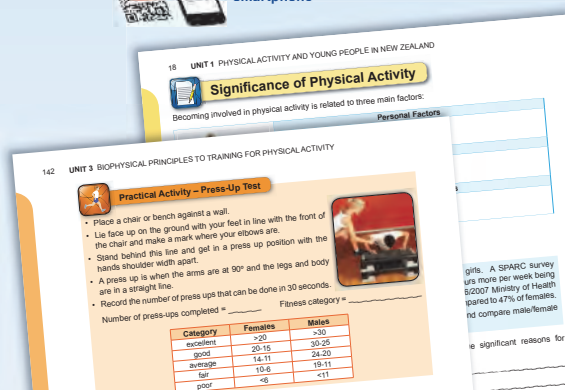
Active Participation; Body Function; Quality Movement; Social Influences; Interpersonal Skills; Performance Strategies; Safety During Outdoor Education; Assisting Others; Self Management.



Student Workbook \$21 (224 pages)
Teacher's Guide \$35

This workbook addresses five of the ten 2012 Physical Education Achievement Standards (2.1, 2.2, 2.3, 2.5 and 2.6).

- The standards selected from the traditional core of the Year 12 course where understanding and application of theory is fundamental for student success.
- Due to demand, interval training is included in the training section.



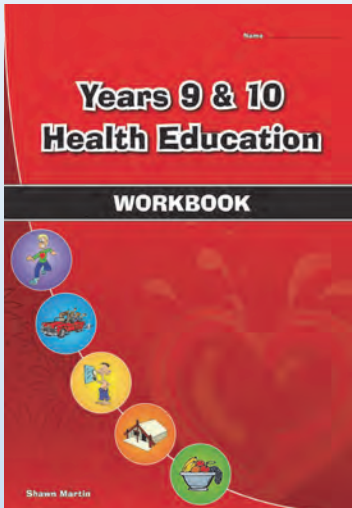
Student Workbook \$26 (276 pages)
Teacher's Guide \$40

This workbook addresses five of the 2013 Level 3 Physical Education Achievement Standards (3.1, 3.2, 3.3, 3.5, 3.8 and 3.9) and includes:

- a number of discussion-based questions to consolidate the notion of critical thinking, essential at Excellence Level and for Scholarship.
- embedded QR codes (students scan codes with their smart-phones to access spreadsheets, resources, videos and journal articles relevant to work being covered).
- updated current research - New Zealand & International.



Years 9 & 10 Health



Section Contents

- Well-being
- Managing Change
- Relationships
- Sexuality
- Food and Nutrition
- Drugs and Alcohol
- Odds and Ends

Workbook Features

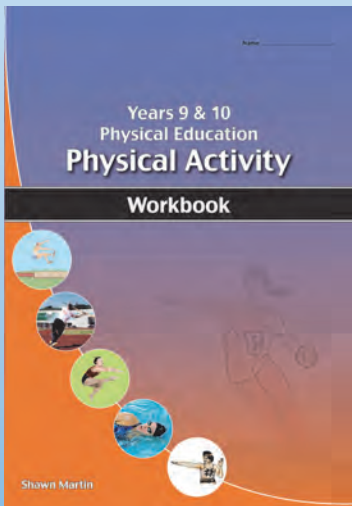
- Reflects a contextually based programme.
- Content and exercises aim to provide prior knowledge necessary for students to perform well at NCEA Level 1 Health Education.
- Many of the learning activities incorporate higher level thinking skills and are personalised to encourage students to think about how aspects of well-being affect their world.

Student Workbook \$17

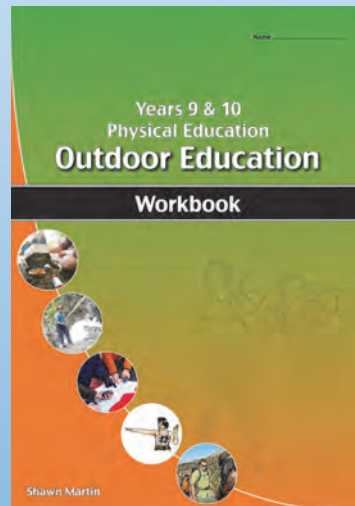
Teacher's Guide \$25

(212 pages)

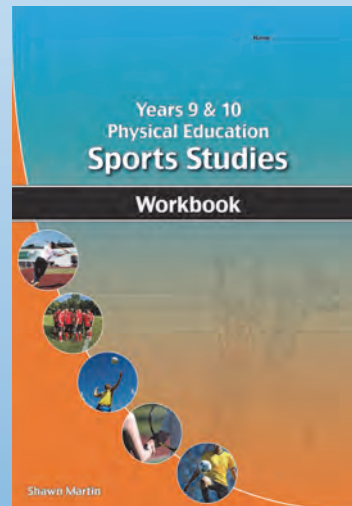
Years 9 & 10 PhysEd



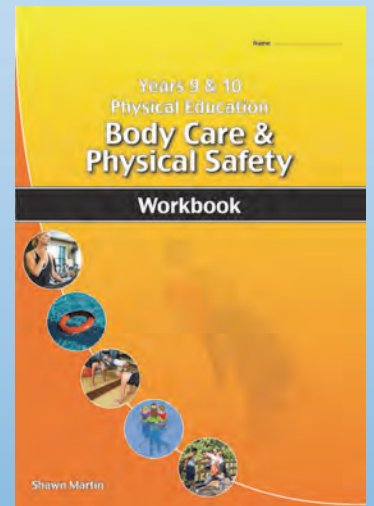
Student Workbook \$7 (44 pages)
Teacher's Guide \$9



Student Workbook \$7.50 (60 pages)
Teacher's Guide \$9.50



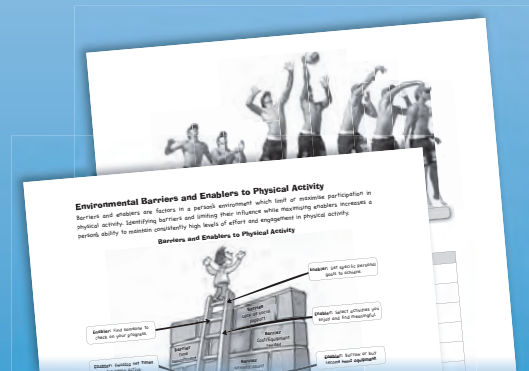
Student Workbook \$8 (68 pages)
Teacher's Guide \$10



Student Workbook \$7 (40 pages)
Teacher's Guide \$9

Years 9 & 10 Physical Education Workbooks

- These Years 9 & 10 PE workbooks are structured to fit the key areas of learning as contained in the Health and Physical Education in the NZ Curriculum.
- The material is written to link directly into what students can expect through taking NCEA Level 1 Physical Education.
- The activities are geared towards students practically applying the material and assessment sections allow for student co-construction of success criteria.
- Skill assessments encourage students to further improve their personal best performances by using a colour scale to shade in as they improve.



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